This Week's Lesson: Dissapointment Circle Up

Use this time to get your family together in the living room or an open space.

Say This:

Todays Main Question: Where are places you can show God to others?

Ephesians 5:8-9 "For once you were full of darkness, but now you have light from the Lord. So live as people of light! For this light within you produces only what is good and right and true."

Watch

Watch this week's lesson on Youtube by scanning the QR code below!







Ask your K-5th Grader:

Ask your 3-4's:

We heard on The Loop Show today that we're all made in the image of God. What does that mean about the way you treat yourself?

Did you know that we're made in God's image?



10 Things to do this week:

- 1. **Family Movie Night:** Pick a family-friendly movie, make some popcorn, and enjoy a cozy movie night at home.
- 2. **Cook a New Recipe:** Choose a recipe together and cook a meal as a family. It's a fun way to bond and learn new cooking skills.
- 3. **Nature Walk:** Take a nature walk in a nearby park or nature reserve. Explore the outdoors, observe wildlife, and enjoy the fresh air.
- 4. **Board Game Night:** Have a board game or card game night where everyone can participate. It's a great way to have fun and bond.
- 5. **Family Art Project:** Get creative with an art project. You can paint, draw, or create crafts together. Display your artwork in your home afterward.
- 6. **Visit a Local Museum or Zoo:** Spend a day exploring a local museum, zoo, or aquarium. It's both educational and entertaining.
- 7. **Family Bike Ride:** Go for a family bike ride in your neighborhood or on a nearby trail. Don't forget your helmets!
- 8. **Volunteer Together:** Find a local charity or community service project where you can volunteer as a family. It's a great way to give back to the community.
- 9. **Storytime:** Choose a book to read together as a family. Take turns reading aloud or listen to an audiobook. Discuss the story afterward.
- 10. **Backyard Picnic:** Have a picnic in your backyard or a nearby park. Pack your favorite snacks and enjoy a meal outdoors.

Remember, the most important thing is spending quality time together as a family and creating lasting memories.